



Samedi 11 mai 2024 à CONFLANS-SAINTE-HONORINE

Stade Claude Fichot, Rue du Bois d'Aulne, 78700 Conflans-Sainte-Honorine

Championnats Interclubs Lifa - Finale Nationale 2

| 13 H 00 | | | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | |
|---------|---|-----------------------|---|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| 13 H 30 | M | 5000 MAR | | | | | | | | | |
| | | | 14 H 00 | | | | | F | | M | |
| 14 H 15 | F | 3000 MAR | 14 H 30 | M | | | M | | | | |
| 14 H 50 | M | 400 HAIES (2 finales) | 14 H 50 | | F | F | | | | | |
| 15 H 10 | F | 400 HAIES (2 finales) | 15 H 10 | | | | | | | | |
| 15 H 25 | M | 400 (2 finales) | 15 H 30 | | | | | | | F | |
| 15 H 40 | F | 400 (2 finales) | 15 H 50 | | | | | | | | |
| 15 H 55 | M | 800 (1 finale) | | | | | | | | | |
| 16 H 00 | F | 800 (1 finale) | | | | | | | | | |
| 16 H 15 | M | 200 (2 finales) | | | | | | | | | |
| 16 H 30 | F | 200 (2 finales) | 16 H 35 | F | | | | M | | | |
| 16 H 45 | M | 1500 (1 finale) | 16 H 50 | | | | F | | | | F |
| 16 H 55 | F | 1500 (1 finale) | 17 H 00 | | | M | | | M | | |
| 17 H 10 | M | 110 HAIES (2 finales) | 17 H 20 | | | | | | | | |
| 17 H 30 | F | 100 HAIES (2 finales) | 17 H 30 | | M | | | | | | |
| 17 H 45 | M | 100 (2 finales) | 17 H 55 | | | | | | | | |
| 18 H 00 | F | 100 (2 finales) | 18 H 00 | | | | | | | | |
| 18 H 20 | M | 3000 ST | 18 H 25 | | | | | | | | M |
| 18 H 40 | F | 3000 | 18 H 40 | | | | | | F | | |
| 19 H 00 | M | 3000 | 19 H 30 | | | | | | | | |
| 19 H 30 | M | 4x100 (2 finales) | 19 H 45 | | | | | | | | |
| 19 H 40 | F | 4x100 (2 finales) | 20 H 05 | | | | | | | | |
| 19 H 50 | M | 4x400 (2 finales) | | | | | | | | | |
| 20 H 00 | F | 4x400 (2 finales) | | | | | | | | | |

(8 équipes - 8 couloirs) v1 - 02/05/2024

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SAMEDI 11 MAI 2024 à SAVIGNY SUR ORGE

Stade Jean Moulin, 33 Avenue du Général Leclerc, 91600 SAVIGNY SUR ORGE

FINALE PROMON2C - Horaires Prévisionnels

Epreuves de Marteau à Lisses (Stade Stéphane Diagana, Rue des Malines 91090 Lisses)

| | | | | | | | | | | Lisses | |
|---|---|----------------------|----------|---------|--------|----------|--------|-------|--------|---------|--|
| | | | | | | | | | | Marteau | |
| | | | | | | | | | | M | |
| | | | | | | | | | | F | |
| DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | | | | |
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Javelot | |
| 10 H 00 | | | | | | | | | | | |
| 11 H 40 | | | | | | | | | | | |
| 14 H 00 | M | 5000 MAR | 14 H 00 | | | F | | M | | | |
| 14 H 45 | F | 3000 MAR | 14 H 30 | | F | | | | F | | |
| 15 H 20 | M | 400 HAIES (3 séries) | 15 H 20 | | | | | | | | |
| 15 H 40 | F | 400 HAIES (3 séries) | 15 H 30 | | | | F | | | F | |
| 15 H 55 | M | 400 (3 séries) | 15 H 50 | M | | | | | | | |
| 16 H 10 | F | 400 (3 séries) | 16 H 15 | | | | | | | | |
| 16 H 25 | M | 800 (2 séries) | | | | | | | | | |
| 16 H 40 | F | 800 (2 séries) | 16 H 35 | | | | | | | | |
| 16 H 55 | M | 200 (3 séries) | 16 H 45 | | | M | | | | | |
| 17 H 10 | F | 200 (3 séries) | 17 H 10 | | | | | F | | | |
| 17 H 25 | M | 1500 | 17 H 20 | | | | | | | | |
| 17 H 40 | F | 1500 | 17 H 30 | | M | | | | M | | |
| 17 H 55 | M | 110 HAIES (3 séries) | 17 H 45 | | | | | | | | |
| 18 H 15 | F | 100 HAIES (3 séries) | 18 H 05 | F | | | M | | | | |
| 18 H 30 | M | 100 (3 séries) | 18 H 20 | | | | | | | | |
| 18 H 45 | F | 100 (3 séries) | 18 H 45 | | | | | | | M | |
| 19 H 05 | M | 3000 ST | 19 H 00 | | | | | | | | |
| 19 H 25 | F | 3000 | 19 H 30 | | | | | | | | |
| 19 H 45 | M | 3000 | | | | | | | | | |
| 20 H 15 | F | 4x100 (2 séries) | | | | | | | | | |
| 20 H 25 | M | 4x100 (2 séries) | | | | | | | | | |
| 20 H 40 | F | 4x400 (2 séries) | | | | | | | | | |
| 20 H 50 | M | 4x400 (2 séries) | | | | | | | | | |

(19éq-6coul) v1 - 03/05/2024

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Samedi 11 mai 2024 à L'Isle Adam

Stade Philippe Grante, Avenue Paul Thoureau, 95290 L'Isle-Adam

Finale Régionale Poule A - Horaires Prévisionnels

| 13 H 00 DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | | | | |
|---|---|-----------------------|----------|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| 13 H 30 | M | 5000 MAR | 13 H 30 | | | | | | | M | |
| | | | 14 H 00 | | | | | F | | | |
| 14 H 20 | F | 3000 MAR | 14 H 30 | M | F | | M | | | | |
| 15 H 05 | M | 400 HAIES (4 finales) | 14 H 50 | | | F | | | | | |
| 15 H 20 | F | 400 HAIES (4 finales) | 15 H 10 | | | | | | | F | |
| 15 H 45 | M | 400 (4 finales) | 15 H 30 | | | | | | | | |
| 16 H 00 | F | 400 (4 finales) | 15 H 50 | | | | | | | | |
| 16 H 15 | M | 800 (2 finales) | | | | | | | | | |
| 16 H 25 | F | 800 (2 finales) | | | | | | | | | |
| 16 H 40 | M | 200 (4 finales) | | | | | | | | | |
| 16 H 55 | F | 200 (4 finales) | 16 H 35 | F | | | | M | | | |
| 17 H 05 | M | 1500 (1 finale) | 16 H 50 | | | | F | | | | F |
| 17 H 15 | F | 1500 (1 finale) | 17 H 00 | | M | M | | | M | | |
| 17 H 30 | M | 110 HAIES (4 finales) | 17 H 20 | | | | | | | | |
| 17 H 50 | F | 100 HAIES (4 finales) | 17 H 30 | | | | | | | | |
| 18 H 15 | M | 100 (4 finales) | 17 H 55 | | | | | | | | |
| 18 H 30 | F | 100 (4 finales) | 18 H 00 | | | | | | | | |
| 18 H 50 | M | 3000 ST | 18 H 25 | | | | | | | | M |
| 19 H 10 | F | 3000 | 18 H 40 | | | | | | F | | |
| 19 H 30 | M | 3000 | | | | | | | | | |
| 19 H 55 | M | 4x100 (2 finales) | | | | | | | | | |
| 20 H 05 | F | 4x100 (2 finales) | 20 H 05 | | | | | | | | |
| 20 H 15 | M | 4x400 (2 finales) | | | | | | | | | |
| 20 H 30 | F | 4x400 (2 finales) | | | | | | | | | |

(10 équipes - 6 couloirs) v1 - 03/05/2024

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DIMANCHE 12 MAI 2024 à NOISY-LE-GRAND

Stade Alain Mimoun, 20 rue Vauban, 93160 Noisy-le-Grand

Finale PromoN2A - Horaires prévisionnels

| 10 H 00 | | | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | Annexe | |
|---------|---|-----------------------|---|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| 11 H 00 | M | 5000 MAR | 11 H 00 | | | | | | M | F | |
| 11 H 50 | F | 3000 MAR | 11 H 50 | | F | | | | | | |
| 12 H 20 | M | 400 HAIES (3 finales) | 12 H 15 | | | | | | | | |
| 12 H 40 | F | 400 HAIES (3 finales) | 12 H 50 | | | M | | | F | | |
| 12 H 55 | M | 400 (3 finales) | | | | | | | | | |
| 13 H 10 | F | 400 (3 finales) | | | | | | | | | |
| 13 H 25 | M | 800 (2 finales) | 13 H 20 | M | | | | | | | |
| 13 H 40 | F | 800 (2 finales) | 13 H 35 | | | | F | | | M | |
| 13 H 55 | M | 200 (3 finales) | | | | | | | | | |
| 14 H 10 | F | 200 (3 finales) | 14 H 05 | | | | | | | | |
| 14 H 25 | M | 1500 | 14 H 30 | | M | | | | | | M |
| 14 H 40 | F | 1500 | 14 H 45 | | | F | | F | | | |
| 14 H 55 | M | 110 HAIES (3 finales) | | | | | | | | | |
| 15 H 15 | F | 100 HAIES (3 finales) | | | | | | | | | |
| 15 H 30 | M | 100 (3 finales) | | | | | | | | | |
| 15 H 45 | F | 100 (3 finales) | 15 H 40 | F | | | M | | | | |
| 16 H 05 | M | 3000 ST | | | | | | | | | |
| 16 H 25 | F | 3000 | 16 H 20 | | | | | M | | | F |
| 16 H 45 | M | 3000 | | | | | | | | | |
| 17 H 25 | F | 4x100 (2 finales) | | | | | | | | | |
| 17 H 35 | M | 4x100 (2 finales) | | | | | | | | | |
| 17 H 50 | F | 4x400 (2 finales) | | | | | | | | | |
| 18 H 00 | M | 4x400 (2 finales) | | | | | | | | | |



Dimanche 12 mai 2024 à CONFLANS-SAINTE-HONORINE

Stade Claude Fichot, Rue du Bois d'Aulne, 78700 Conflans-Sainte-Honorine

Finale PromoN2D - Horaires prévisionnels

| 10H30 DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | | | | |
|---|---|-----------------------|----------|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| 11 H 00 | M | 5000 MAR | 11 H 00 | | | | | F | | M | |
| | | | 11 H 30 | | | | M | | | | |
| 11 H 50 | F | 3000 MAR | 11 H 50 | | F | F | | | | | |
| 12 H 20 | M | 400 HAIES (3 finales) | 12 H 10 | | | | | | | | |
| 12 H 40 | F | 400 HAIES (3 finales) | 12 H 30 | | | | | | | F | |
| 12 H 55 | M | 400 (3 finales) | 12 H 50 | | | | | | | | |
| 13 H 10 | F | 400 (3 finales) | | | | | | | | | |
| 13 H 25 | M | 800 (2 finales) | 13 H 15 | | | | | M | | | |
| 13 H 40 | F | 800 (2 finales) | 13 H 35 | M | | | | | | | |
| 13 H 55 | M | 200 (3 finales) | 13 H 50 | | | | F | | | | F |
| 14 H 10 | F | 200 (3 finales) | 14 H 00 | | | M | | | M | | |
| 14 H 25 | M | 1500 | 14 H 20 | | | | | | | | |
| 14 H 40 | F | 1500 | 14 H 30 | | M | | | | | | |
| 14 H 55 | M | 110 HAIES (3 finales) | 14 H 55 | | | | | | | | |
| 15 H 15 | F | 100 HAIES (3 finales) | 15 H 00 | | | | | | | | |
| 15 H 30 | M | 100 (3 finales) | 15 H 25 | | | | | | | | |
| 15 H 45 | F | 100 (3 finales) | 15 H 40 | F | | | | | F | | |
| 16 H 05 | M | 3000 ST | 16 H 00 | | | | | | | | M |
| 16 H 25 | F | 3000 | 16 H 30 | | | | | | | | |
| 16 H 45 | M | 3000 | 16 H 45 | | | | | | | | |
| 17 H 25 | F | 4x100 (2 finales) | 17 H 05 | | | | | | | | |
| 17 H 35 | M | 4x100 (2 finales) | | | | | | | | | |
| 17 H 50 | F | 4x400 (2 finales) | | | | | | | | | |
| 18 H 00 | M | 4x400 (2 finales) | | | | | | | | | |

(9 équipes - 8 couloirs) v1 -03/04/2024

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Dimanche 12 mai 2024 à BUSSY-SAINT-GEORGES

Complexe Sportif Laura Flessel, 15 boulevard des cent Arpents, 77600 BUSSY-SAINT-GEORGES

Finale PromoN2B - Horaires prévisionnels

| 10H00 DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | | | | |
|---|---|-----------------------|----------|---------|--------|----------|--------|-------|--------|---------|---------|
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | Marteau | Javelot |
| 10 H 30 | | | 10 H 30 | | | | | | M | | F |
| 11 H 00 | M | 5000 MAR | 11 H 15 | | M | | | | | | |
| | | | 11 H 30 | | | | M | | | | |
| 11 H 50 | F | 3000 MAR | 11 H 50 | | | F | | | | | |
| 12 H 20 | M | 400 HAIES (3 finales) | 12 H 10 | | | | | | | | M |
| 12 H 40 | F | 400 HAIES (3 finales) | 12 H 30 | | | | | | | | |
| 12 H 55 | M | 400 (3 finales) | 13 H 00 | | | | | | F | | |
| 13 H 10 | F | 400 (3 finales) | | | | | | | | | |
| 13 H 25 | M | 800 (2 finales) | 13 H 15 | | | | | | | | |
| 13 H 40 | F | 800 (2 finales) | 13 H 40 | | | | | | | | |
| 13 H 55 | M | 200 (3 finales) | 13 H 50 | M | F | | F | | | | |
| 14 H 10 | F | 200 (3 finales) | 14 H 00 | | | | | F | | M | |
| 14 H 25 | M | 1500 | 14 H 20 | | | | | | | | |
| 14 H 40 | F | 1500 | 14 H 30 | | | M | | | | | |
| 14 H 55 | M | 110 HAIES (3 finales) | 14 H 55 | | | | | | | | |
| 15 H 15 | F | 100 HAIES (3 finales) | 15 H 00 | | | | | | | | |
| 15 H 30 | M | 100 (3 finales) | 15 H 30 | | | | | | | | |
| 15 H 45 | F | 100 (3 finales) | 15 H 40 | | | | | M | | F | |
| 16 H 05 | M | 3000 ST | 16 H 00 | F | | | | | | | |
| 16 H 25 | F | 3000 | 16 H 30 | | | | | | | | |
| 16 H 45 | M | 3000 | 16 H 45 | | | | | | | | |
| 17 H 25 | F | 4x100 (2 finales) | 17 H 05 | | | | | | | | |
| 17 H 35 | M | 4x100 (2 finales) | | | | | | | | | |
| 17 H 50 | F | 4x400 (2 finales) | | | | | | | | | |
| 18 H 00 | M | 4x400 (2 finales) | | | | | | | | | |

(9 équipes - 8 couloirs) v1 - 03/05*/2024

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DIMANCHE 12 MAI 2024 à SAVIGNY SUR ORGE

Stade Jean Moulin, 33 Avenue du Général Leclerc, 91600 SAVIGNY SUR ORGE

FINALE REGIONALE POULE B - Horaires Prévisionnels

**Epreuves de Marteau à Lisses le Samedi 11 mai 2024
(Stade Stéphane Diagana, Rue des Malines 91090 Lisses)**

| | | | | | | | | | | Lisses Samedi | | | |
|----------------|---|-----------------------|----------|---------|--------|----------|--------|-------|--------|------------------|---------|--|--|
| | | | | | | | | | | Marteau | | | |
| 14 H 00 | | | | | | | | | | M | | | |
| 16 H 00 | | | | | | | | | | F | | | |
| COURSES | | | CONCOURS | Hauteur | Perche | Longueur | Triple | Poids | Disque | | Javelot | | |
| 10 H 00 | DEPOT DES MODIFICATIONS D'EQUIPES ET DES OFFICIELS. | | | | | | | | | | | | |
| | | | 10 H 30 | M1 | | | | | | | | | |
| | | | 10 H 45 | M1 | | | | | | | | | |
| 11 H 00 | M | 5000 MAR | 11 H 00 | | | | F1 | | F1 | | | | |
| 11 H 00 | M | 5000 MAR | 11 H 15 | | | | | | | | M1 | | |
| 11 H 50 | F | 3000 MAR | 11 H 50 | | F | | | F1 | | | | | |
| 12 H 20 | M | 400 HAIES (4 finales) | 12 h 20 | M2 | | M2 | | | | | | | |
| 12 H 40 | F | 400 HAIES (4 finales) | 12 H 45 | | | | F2 | | F2 | | | | |
| 12 H 55 | M | 400 (4 finales) | 13 H 05 | | | | | | | | | | |
| 13 H 15 | F | 400 (4 finales) | | | | | | | | | | | |
| 13 H 30 | M | 800 (2 finales) | 13 H 35 | | | | | F2 | | | M2 | | |
| 13 H 50 | F | 800 (2 finales) | 13 H 50 | | | | | | | | | | |
| 14 H 00 | M | 200 (4 finales) | 14 H 00 | | | | | | | | | | |
| 14 H 20 | F | 200 (4 finales) | 14 H 10 | F1 | | F1 | | | | | | | |
| 14 H 35 | M | 1500 | 14 H 30 | | M | | M1 | | | | | | |
| 14 H 50 | F | 1500 | 14 H 35 | | | | | | | | | | |
| 15 H 05 | M | 110 HAIES (4 finales) | 14 H 55 | | | | | | | | F1 | | |
| 15 H 25 | F | 100 HAIES (4 finales) | 15 H 05 | | | | | M1 | | | | | |
| 15 H 40 | M | 100 (4 finales) | 15 H 25 | | | | | | | | | | |
| 16 H 00 | F | 100 (4 finales) | | | | | | | | | | | |
| 16 H 20 | M | 3000 ST | 16 H 05 | F2 | | F2 | | | | | | | |
| 16 H 40 | F | 3000 | 16 H 15 | | | | M2 | M2 | | | F2 | | |
| 17 H 00 | M | 3000 | | | | | | | | | | | |
| 17 H 40 | F | 4x100 (2 finales) | | | | | | | | | | | |
| 17 H 50 | M | 4x100 (2 finales) | | | | | | | | | | | |
| 18 H 05 | F | 4x400 (2 finales) | | | | | | | | | | | |
| 18 H 20 | M | 4x400 (2 finales) | | | | | | | | | | | |